2:Gough E-4, 5 (1947-1949)1961 AWll Kerala AWll
Central Kerala Nayar

castes seem to have received a military training, although some, especially of the Agattu Charna caste, later became clerks (Dames, 1921: 18–19; A. Gray, 1887, I: 412–413).

The Nayars' traditional arms were the sword, shield, lance, and the bow and arrow, although gunpowder came into increasing use after the Portuguese arrived. Before 1500 battles were highly stylized (cf. C. A. Menon, 1911: 56; Ayyar, 1938: 118, 171). Not more than 10,000 were commonly brought into the field at one time. Severe loss of life was prevented by the employment of Brahman emissaries who, if fighting became intense, might enter the field and arbitrate between the leaders. If, however, the king or a chief were slain, his personal vassals had to fight to the death or until their honor was avenged by the slaughter of a corresponding leader on the enemy side (Logan, 1951, I: 138).

Later, with the introduction of cannon and fortresses by the Europeans, battles became more frequent and devastating. The Zamorin mustered a total force of between 50,000 and 60,000 at various times in the sixteenth and seventeenth centuries against the ruler of Cochin (Ayyar, 1938: 169, 182). The kings had to rely increasingly on paying their soldiers in cash rather than on sporadic feudal levies. Permanent conquest and the control of rich lands also became a more urgent aim of the kings as the overseas trade expanded. But the Nayar techniques of fighting and their code of honor persisted until British times.

Within each kingdom, law was administered at several levels. Each local caste group had its own periodic assembly of household heads to judge crimes (which were also sins) against the caste's religious laws. These included wrongful interdining and sexual relations with members of other castes. The chief punishments were fines for the upkeep of the caste shrine and temporary ostracism. Grave offenders were excommunicated with the consent of the chief. They then became the property of either king or chief and were sold as slaves to foreign traders. In the larger castes such as Tiyyars or Pulayas the local caste group was often contained within the village. The smaller castes of village servants each had their own assemblies extending over a group of adjacent villages.

Among retainer Nayars the local caste group might comprise the Nayars of one caste within one village, within a section of a large village, or within a group of two to four adjacent small villages. This area was called a *tara* in the Calicut kingdom and a *kara* in Cochin; we shall call it a neighborhood. Its assembly was called a *tara-kūttam*

6:Fawcett G-5 (ca. 1900)1915
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THE NÂYARS OF MALABAR.*

IT is likely that some of the gentle readers of this monograph are not familiar with "The Lusiad," the epic poem of Luis de Camoens, the restless soldier-poet who sailed with a detachment of the Portuguese for the West Coast of India in 1553. Voltaire, who is not given to redundant praise of anybody, styles him the Portuguese Virgil. At any rate he has written a fine epic, and from it I will quote a few lines concerning the Nâyars, with whom he came in personal contact three and-a-half centuries ago.

"Polias the labouring lower clans are named;
"By the proud *Nayres* the noble rank is claimed;
"The toils of culture and of art they scorn,
"The warrior's plumes their haughty brows adorn;
"The shining faulchion brandish'd in the right,
"Their left arm wields the target in the fight;
"Of danger scornful, ever armed they stand
"Around the king, a stern barbarian band." †

A former Governor of Bombay, Johnathan Duncan by name, who visited Malabar in 1792-3, has anticipated me in quoting some of these lines, and with regard to them he observes: "These lines . . . . . contain a good description of a Nâyar, who walks along, holding up his naked sword with the same kind of unconcern as travellers in other countries carry in their hands a cane or walking staff. I have observed others of them have it fastened to their back, the hilt being stuck in their waist band, and the blade rising up and glittering between their shoulders." ‡

The Nâyars, the Nareæ of Pilny, (Nat. Hist. VI, 21), were the swordsmen, the military caste of the west coast of India. There are some small sects or castes intervening, but broadly speaking the Nâyars rank after the Nambûtiris in Malabar, and they occupy the same position in the Native States of Cochin and Travancore.

* The first article of this series was in Bulletin, Vol. III, No. I, where the Nambûtiri Brahmans of Malabar were described.

† Mickle's Translation, London, 1798.

‡ Logan's "Manual of Malabar," page 137.

796 Before
[793] day-break of the first day the ordinary temple priests, a Mûssad, will leave the temple after having swept up and made it clean; and (before day-break also) five Nambûtiris will enter it, bearing with them "Sudhi
796 Kalasam." The Kalasam is on this occasion made of the
778 five products of the cow, *i.e.* (panchagavyam) together
[237] with some water, a few leaves of the banyan tree (Arayâl) and Darbha grass, all in one vessel. Before being brought to the temple, mantrams or magic verses will
[783] have been said over it. The contents of the vessel are sprinkled all about the temple, and a little is put in the well, thus purifying the temple and the well. The Nambûtiris will then perform the usual morning worship, and either immediately after it or very soon afterwards they leave the temple, and the Mûssad, the ordinary priest, returns and resumes his office. The temple belongs
[613] to four Taravâds, and no sooner has it been purified than the Kâranavans of these four Taravâds, virtually the joint-owners of the temple (known as Ur âlas) present to the temple servant (known as a Pishârodi) the silver flag of the temple which has been in the custody of one of them since the last festival. The Pishârodi receives it and hoists it in front of the temple (to the east), thus signifying that the festival has begun. While this is being done, emphasis and grandeur is given to the occa-
[201] sion by the firing off of miniature mortars such as are common at all South Indian festivals; and, after the
[411] flag is hoisted, there are hoisted all round the temple small flags of coloured cloth. For the next few days
[788] there is nothing particular to be done beyond the procession morning, noon and night; the image of Bhagavati being carried on an elephant to an orchestra of drums, and cannonade of the little mortars. All those who are present are supposed to be fed from the temple.
796 There is a large crowd. On the morning of the fifth day
564 a man of the washerman (he is also a tailor: Vannân) caste will announce to the neighbours by beat of tom-tom that there will be made a procession of Bhagavati issuing from the gates of the temple and passing round about.
[202] Like all those who are in any way connected with the
[788] temple, this man's office is hereditary and he lives to a small extent on the bounty of the temple, *i.e.*, he holds a
[425] little land on nominal terms from the temple property, in consideration for which he must fulfil certain requirements for the temple as on occasions of festivals. His office also invests him with certain rights in the community. The Vannân has, I believe, immense power

6:Fawcett G-5 (ca. 1900)1915
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below the Nâyar is permitted to enter. To the north, south, east, and west, there is a level entrance into this hollow square, and beyond this entrance no man of inferior caste may go. The Pânan receives a certain quantity, about 10 lb. of raw rice for his performance.

In the afternoon a small crowd of Vettuvars come to the temple carrying with them swords, not very dangerous ones, and about ten small baskets made of cocoanut palm leaves, containing salt.* These baskets are carried slung on a pole as before. These men dance and shout in much excitement, cutting their heads with their own swords in their frenzy. Some of them represent devils or some kind of inferior evil spirits, and dance madly, under the influence of these spirits which they represent. Then comes the Arayân as on the previous day with his little procession, and lastly comes the blacksmith with the sword.

It is explained by the Malayalis that the individuals of the various castes who hold the office of tailor, goldsmith and so on to the temple, do so, not for the sake of what they receive from the temple, but in order to mark their position of superiority in their caste. The ceremonial allotted to each also no doubt marks his position in the ladder of caste.

The procession in the evening of this the seventh and last day is a great affair. Eight elephants which kept line beautifully, took part in this when I witnessed it. One of them very handsomely caparisoned had on its back a priest (Mûssad) carrying a sword smothered in garlands of red flowers representing the goddess. Up to this time, when she is represented by a sword, it will be remembered she has been represented by an image. The elephant bearing the priest with the sword is bedizened on the forehead with two golden discs, one on each side of the forehead, and over the centre of the forehead hangs a long golden ornament.† He bears other jewels, and over his back is a large canopy-like red cloth richly wrought. Before the elephant walked a Nâyar carrying in his right hand in front of him a sword of the kind

* The use of salt here is obscure as to the purpose. I remember a case of a Nâyar's house having been plundered, the idol was knocked down and salt was put in the place where it should have stood. The act was looked on as most insulting.

† The discs on the elephant's forehead are common in Malabar in affairs of ceremony. The Mappila poets are very fond of comparing a beautiful girl's breast to these cup-like discs.

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411 called nândakam smeared with white (probably sandal-wood) paste. The shape of this sword is given in the illustration. To its edge, at intervals of a few inches, are fastened tiny bells, so that, when it is shaken, there is a general jingle.

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But just before the procession begins there is something for the Tîyans to do. Four men of this caste, having with them Pûkkalasams (flower-kalasams) and five having with them Jannakalasams (?) run along the west, north, and east, sides of the temple (outside the enclosure) shouting and making a noise more like the barking of dogs than anything else. The kalasams contain arrack which is presently given to the temple to be used in the ceremonies. Members of certain families only are allowed to perform in this business, and for what they do each man receives five edangâlis of rice from the temple and a small piece of the flesh of the goat to be sacrificed later. These nine men eat only once a day during the festival; they do no work, remaining quietly at home unless when at the temple; they cannot approach any one of caste lower than their own; they cannot cohabit with women; and they cannot see a women in menstruation during these days. A crowd of Tîyans join more or less in this, rushing about and barking like dogs, making a hideous noise. They too have kalasams, and, when they are tired of rushing and barking, they drink the arrack in them. These men are always under vow. In doing what they do, they fulfil their vow for the benefit they have already received from the goddess—cure from sickness as a rule. To the west of the temple is a circular pit—it was called the fire-pit, but there was no fire in it—and this pit all the Tîyan women of the neighbourhood circumambulate, passing from west round by north, three times, holding on the head a pewter plate on which are a little rice, bits of plantain leaves and cocoanut, and a burning wick. As each women completes her third round, she stands for a moment at the western side, facing east, and throws the contents of the plate into the

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military element in Malabar. The opponents who faced each other with the sariravadi or quarter staff, stood 30 feet apart, and, as if under the same stimulus, each kicked one leg high in the air, a la cancan, gave several lively bounds in the air, held their staff horizontally in front with outstretched arms, came down *slowly* on the haunches, placed the staff on the ground, bent over and touched it with the forehead. With a sudden bound they were again on their feet, and after some preliminary pirouetting went for each other tooth and nail. 526

The sword play which one sees during festive ceremonies, a marriage or the like, done by the hereditary retainers who fight imaginary foes and destroy and vanquish opponents with much contortion of body, always indulge in much of this preliminary overture to their performance. There is always, by way of preliminary, a high kick in the air, followed by squatting on the haunches, bounding high, turning, twisting, pirouetting, and all the time swinging the sword unceasingly. above, below, behind the back, under the arm or legs—in ever so many impossible ways.

Nâyar swords and shields are figured in the illustration. The shields are made of wood covered with leather, usually coloured bright red. Within the boss are some hard seeds, or metal balls loose in a small space, so that there is a jingling sound like that of the small bells on the ankles of the dancer, when the shield is oscillated or shaken in the hand. The swords are those which were used ordinarily for fighting. There are also swords of many patterns for processional and other purposes, more or less ornamented about the handle and half way up the blade; but the one which is figured will suffice to show what the Nâyar fighting sword was like. The smaller shields are now used in play. 714 411 [531]

9:Iyer E-4, 5 (ca. 1902-1906) 1912
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persuaded themselves, that no nation could handle it with such skill and dexterity.[1] Such trained young men became the guards of some king or lord, and so faithful and obedient were they, that they had no hesitation to die for him when required. They were the greatest and worst enemies of the Portuguese, and did a great deal of mischief to them by sea. Some of them had a naked rapier or cutlass in their right hand and a great target in their left, made of light wood, some again were armed with bows and venomous arrows upon their shoulders; and while moving about, they made a great noise by knocking the hilt of the rapier against the target in order that they might be heard. Others carried long pikes, some pecus with the match readily lighted, and had the best locks that could be found in all Europe. They knew how to use them, and the Portuguese had no advantage over them. Wherever they went, they carried their arms both by day and night.[2]

"They went into battle almost naked, threw javelin with equal address backward and forward, and drew the bow with such skill that their second shaft often split the first. Their extraordinary agility made them the terror of every combat in forest or jungle. On the smallest provocation they prepared themselves for death, and having done so, one would hold his ground against a hundred. Those attached to the person of the prince made it a point of honour not to survive him."[3]

Their military dress and mode of fighting.

"The military dress of the Nayar is a pair of short drawers and his peculiar weapon is an instrument with a thin but very broad blade hooked towards the edge like a bill-hook or gardener's knife, and about the length of a Roman sword. The hooked instrument, the inseparable companion of the Nayar whenever he quits his dwelling on business, pleasure or for war, has no scabbard, and is usually grasped by the right hand as an ornamental appendage during the time of peace and used for destruction in war. When the Nayar employs his 'musquet' or his bow, the weapon already described is fixed in an instant by means of a catch in the waist belt, with the flat part of the blade diagonally across his back; and it can be

1. Johnstone in his relations of the most famous kingdom in the world, 1611.
2. Voyages of Linschoten to the East Indies.
3. Graul Reise nach Ost Indien.

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411 disengaged as quickly whenever he drops his 'musquet' in the wood or slings it across his shoulders for the purpose of rushing to close encounter with this terrible instrument." [1]

704 Cavalry was unknown; there was only infantry. The sol-
714 diers wore a silk cloth wound round the head and carried
411 swords, shields, lances and bows. The king had an umbrella
[293] formed of the leaves of a tree and fixed on to the end of a cane,
[643] for protection from the sun. There was no standard. When they were in battle, and one army was at a distance from the
726 other, two ranges of a cross-bow, the king would ask the Brah-
704 mans to go to the camp of the enemy and tell the knights to let one hundred of his men fight with the same number on his side, when both the parties would go to the central space to do so. The fighting continued even for three days, when blows were given on the head and at the legs. After the death of some men on either side, the survivors were directed to return to their camps. If any more fighting was desired, the same
[465] course was adopted. Sometimes the king rode on an elephant,
[701] and sometimes the Nayars carried him. The pay of a soldier was four carlini a month, and in time of war half a ducat.

701 The Nayars whom the king received in his service were
643 never dismissed, however old they might be. They received their pay and rations, and the king granted favours to whoso-ever had served him well. If, however, they were left unpaid for some years, some four or five hundred of the aggrieved would rise up and go in a body to the palace, and send word to the king that they would go away dismissed, because he did not give them food. The king would then beg them to have patience, pay them at once either the whole amount due to them or a part of it with a promise to pay the balance at an early date. The king generally satisfied them, considering it a disgrace that they should go away to serve under another ruler. Even
[784] in times of war they were not at liberty to touch any peasant, or eat and drink with him in his house without penal-ty. The king was bound to support the mother and family
[152] of any soldier who died in war. He also treated, at his own expense, any soldier who was wounded in battle. [2]

1. Abbe Dubois People of India.
2. A Description of the Coasts of East Africa and Malabar, page 130-131, Duarte Barbosa.

9;Iyer E-4, 5 (ca. 1902-1906) 1912
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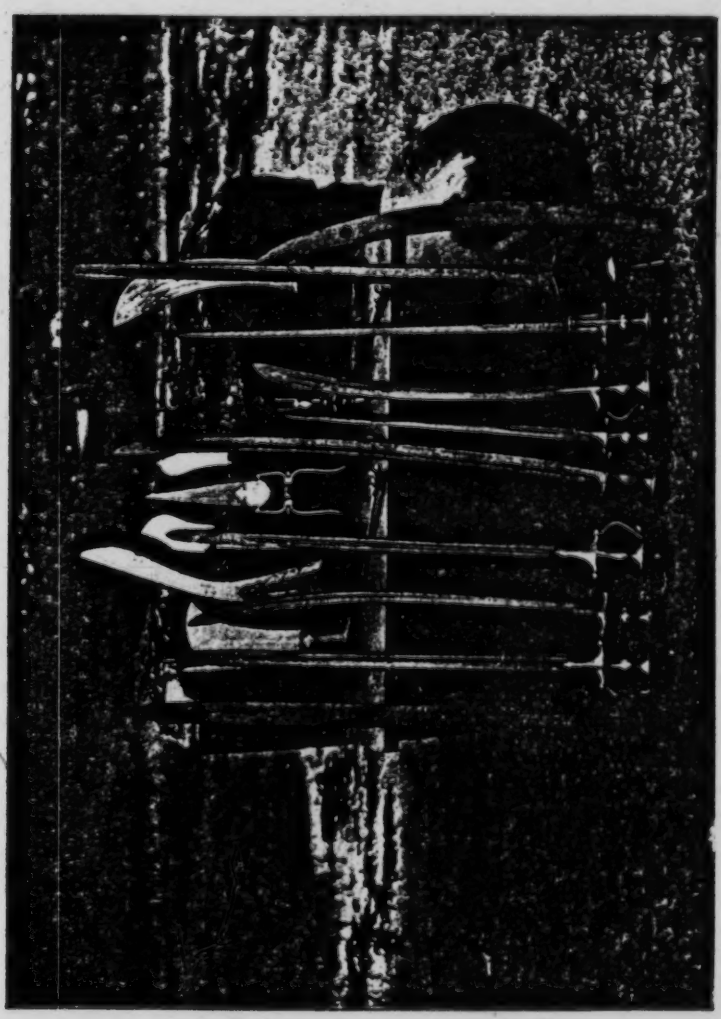

THE WEAPONS OF THE OLD NAYAR WARRIORS.

[facing p. 6]

9:Iyer E-4, 5 (ca. 1902-1906) 1912
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are allowed greater freedom in the choice as well as in the divorce of husbands (*sambandhakárans*), and the females in the family do not interfere in their freedom so long as it does not produce any domestic scandal. The orthodox view is that, as the woman is not independent, she seldom thinks of relinquishing the husband. Arbitrary divorce is thus discouraged, and adultery is a grave social offence. A wife, who is disputatious, who steals her husband's property, who favours another than her husband, who converses with strangers, who is gluttonous, who enters strange houses, should be put away even though she may have born ten sons. Litigation between two families and disagreement between a husband and wife are also the causes. Social stigma follows the adulterer, and the adulteress loses her status in society.

Pulikudi.

A Nayar woman has to observe certain ceremonies during her first pregnancy. First during and after the seventh month of pregnancy, she bathes and worships the deity in the temple every morning, and eats before her morning meal, a small quantity of butter, over which holy *mantrams* have been recited by the temple priest or by Nambuthiris. This is done generally till delivery. *Pulikudi* (tamarind juice drinking) is an indispensable ceremony performed for every pregnant woman, by the rich and poor alike, on an auspicious day, in the ninth month of pregnancy. An auspicious day, nay, even the very hour, is fixed by the astrologer. The ceremony opens by the planting of a twig of the *ambázha* tree (Spondias mangifera) on the morning of the day of the ceremony in the inner court-yard (*nadumittam*) or the northern wing of the house. At the appointed hour (*muhúrtam*), the pregnant woman, after having been bathed and properly attired, is conducted to the northern block of the house (*vatikkini*) where she is seated facing eastwards. The *Ammáyi* or the uncle's wife, whose presence on the occasion is essential, goes to the court-yard, and plucking a few leaves of the planted twig, squeezes a few drops of its juice into a cup. This she hands over to the brother, or uncle, if any, of the pregnant woman. It is necessary that the brother should wear a gold ring on his right hand ring-finger. Holding a country knife (*pisánkatti*) in his left hand, with its point towards the north, he pours the tamarind juice over his knife with his right hand three times

13:Thurston & Rangachari E-4, 5 (no date) 1909
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175 564 701 went on to observe: 'These lines, and especially the two last, contain a good description of a Nayr, who walks along, holding up his naked sword with the same kind of unconcern as travellers in other countries carry in their hands a cane or walking staff. I have observed others of them have it fastened to their back, the hilt being stuck in their waist band, and the blade rising up and glittering between their shoulders' (Asiatic Researches, V. 10, 18). M. Mahé de la Bourdonnais, who had some experience of their fighting qualities in the field, thus described them: 'Les Nairs sont de grands hommes basanés, légers, et vigoureux: Ils n'ont pas d'autre profession que celle des armes, et seraient de fort bons soldats, s'ils étiaent disciplinés: mais ils combattent sans ordre, ils prennent la fuite dès qu'on les serre de près avec quelque supèriorité; pourtant, s'ils se voient pressés avec vigueur et qu'ils se croient en danger, ils reviennent à la charge, et ne se rendent jamais' (M. Esquer, Essai sur les Castes dans l'Inde, page 181). Finally, the only British General of any note—Sir Hector Munro—who had ever to face the Nāyars in the field, thus wrote of their modes of fighting:—

'One may as well look for a needle in a Bottle of Hay as any of them in the daytime, they being lurking behind sand banks and bushes, except when we are marching towards the Fort, and then they appear like bees out in the month of June.' 'Besides which,' he continued, 'they point their guns well, and fire them well also' (Tellicherry Factory Diary, March, 1761). They were, in short, brave light troops, excellent in skirmishing, but their organization into small bodies with discordant interests unfitted them to repel any serious invasion by an enemy even moderately well organised. Among other strange Malayāli customs, Sheikh

15. Thurston & Rangachari E-4, 5 (no date)
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175 643 762 796 company of Nāyars for the honour of the Valluvanad Rāja. And probably the frantic fanatical rush of the Māppillas on British bayonets, which is not even yet a thing of the past, is the latest development of this ancient custom of the Nāyars. The martial spirit of 181 the Nāyars in these piping times of peace has quite died out for want of exercise. The Nāyar is more and [224] more becoming a family man. Comparatively few of them now-a-days even engage in hunting." According 175 to an inscription of the King Kulōttunga I (A.D. 1083- 648 84), he conquered Kudamalai-Nadu, *i.e.*, the western hill 181 country (Malabar), whose warriors, the ancestors of the 703 Nāyars of the present day, perished to the last man in defending their independence.*

175 564 701 [41] The following description of the Nāyars at the beginning of the sixteenth century is given by Duarte Barbosa.† "The Nairs are the gentry, and have no other duty than to carry on war, and they continually carry their arms with them, which are swords, bows, arrows, bucklers, and lances. They all live with the kings, and some of them with other lords, relations of the kings, and lords of the country, and with the salaried governors, and with one another. They are very smart men, and much taken up with their nobility. . . . These Nairs, besides being all of noble descent, have to be armed as knights by the hand of a king or lord with whom they live, and until they have been so equipped they cannot bear arms nor call themselves Nairs. . . . 175 In general, when they are seven years of age, they are 868 immediately sent to school to learn all manner of feats of agility and gymnastics for the use of their weapons.

* E. Hultzsch, South-Indian Inscriptions, III, 2, 1203.

† Description of the Coasts of East Africa and Malabar. Translation. Hakluyt Society, 1866.

event the festival is held yearly to Bhagavati and her followers. The festival lasts for seven days. When I visited it in 1895, the last day was on the 31st of March. Before daybreak of the first day, the ordinary temple priest, a Mūssad, will leave the temple after having swept it and made it clean; and (also before daybreak) five Nambūtiris will enter it, bearing with them sudhi kalasam. The kalasam is on this occasion made of the five products of the cow (panchagavyam), together with some water, a few leaves of the banyan tree, and darbha grass, all in one vessel. Before being brought to the temple, mantrams or magic verses will have been said over it. The contents of the vessel are sprinkled all about the temple, and a little is put in the well, thus purifying the temple and the well. The Nambūtiris will then perform the usual morning worship, and, either immediately after it or very soon afterwards, they leave the temple, and the Mūssad returns and resumes his office. The temple belongs to four taravāds, and no sooner has it been purified than the Kāranavans of these four taravāds, virtually the joint-owners of the temple (known as Urālas) present to the temple servant (Pishārodi) the silver flag of the temple, which has been in the custody of one of them since the last festival. The Pishārodi receives it, and hoists it in front of the temple (to the east), thus signifying that the festival has begun. While this is being done, emphasis and grandeur is given to the occasion by the firing off of miniature mortars such as are common at all South Indian festivals. After the flag is hoisted, there are hoisted all round the temple small flags of coloured cloth. For the next few days there is nothing particular to be done beyond the procession morning, noon, and night; the image of Bhagavati being carried on an elephant to an orchestra

13:Thurston & Rangachari E-4, 5 (no date) 1909
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of them represent devils or some kind of inferior evil spirits, and dance madly under the influence of the spirits which they represent. Then comes the Arayan as on the previous day with his little procession, and lastly comes the blacksmith with the sword. The procession in the evening is a great affair. Eight elephants, which kept line beautifully, took part in it when I witnessed it. One of them, very handsomely caparisoned, had on its back a priest (Mūssad) carrying a sword smothered in garlands of red flowers representing the goddess. The elephant bearing the priest is bedizened on the forehead with two golden discs, one on each side of the forehead, and over the centre of the forehead hangs a long golden ornament. These discs on the elephant's forehead are common in Malabar in affairs of ceremony. The Māppilla poets are very fond of comparing a beautiful girl's breasts to these cup-like discs. The elephant bears other jewels, and over his back is a large canopy-like red cloth richly wrought. Before the elephant walked a Nāyar carrying in his right hand in front of him a sword of the kind called nāndakam smeared with white (probably sandal) paste. To its edge, at intervals of a few inches, are fastened tiny bells, so that, when it is shaken, there is a general jingle. Just before the procession begins, there is something for the Tiyans to do. Four men of this caste having with them pūkalasams (flower kalasams), and five having jannakalasams, run along the west, north, and east sides of the temple outside the enclosure, shouting and making a noise more like the barking of dogs than anything else. The kalasams contain arrack (liquor), which is given to the temple to be used in the ceremonies. Members of certain families only are allowed to perform in this business, and for what they do each